



The Organising Authority is Howick Sailing Club, Howick Beach, Auckland

CENTREBOARD CLASSES STANDARD SAILING INSTRUCTIONS (SI)

Version 2021-V1
(Effective from 1 January 2021)

ABBREVIATIONS

- [DP] Rules for which the penalties for breaching may be less than disqualification and at the discretion of the Protest Committee. Scoring abbreviation is DPI.
- [NP] Rules that are not grounds for protest by a boat. This changes RRS 60.1(a), *Right to Protest; Right to Request Redress or Rule 69 Action*.

SI 1 RULES

- SI 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS).
- SI 1.2 These Sailing Instructions should be read in conjunction with the Regatta Specific Schedule issued by the Race Committee and available at registration.
- SI 1.3 The Yachting New Zealand Safety Regulations Part 1 shall apply. [DP]
- SI 1.4 For the Optimist Green Fleet, the regatta will be governed by the New Zealand International Optimist Dinghy Association Green Fleet Rules for Racing version 2010-01 – May 2010.
- SI 1.5 For boats sailing in the regatta, their relevant Class Rules shall apply. [DP]
- SI 1.6 Laser class rule 7(a) is restricted as follows:
Only one person shall be on board whilst racing. The person shall be named on the entry form.
- SI 1.7 Windsurfing competition will be sailed under The Racing Rules of Sailing as changed by Appendix B. Appendix B8.A8, Series Ties, will not apply.
- SI 1.8 Appendix P, *Special Procedures for Rule 42*, shall apply as amended by the Sailing Instructions.
- SI 1.9 Appendix T, *Arbitration*, will apply.

SI 2 NOTICES TO COMPETITORS

- SI 2.1 Notices to competitors will be posted on the official notice board.

SI 3 CHANGES TO SAILING INSTRUCTIONS

- SI 3.1 Any change to the Sailing Instructions or Regatta Specific Schedule will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1800 hours or the end of protest time, whichever is earlier, on the day before it will take effect.

SI 4 SIGNALS MADE ASHORE

- SI 4.1 Signals made ashore will be displayed on the signal mast.
- SI 4.2 When a visual signal is displayed over a fleet(s) or course(s) flag, the signal applies only to that fleet(s) or course(s). This changes the Race Signals preamble.
- SI 4.3 Signals flown over a white flag with the letter "A", "B" or "C" will apply to classes sailing on course A, B or C respectively.

SI 4.4 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal, AP.

SI 4.5 A boat shall not leave the shore until flag D is displayed with one sound. The warning signal will not be made before the schedule time or less than **30 minutes** after flag D is displayed. [NP] [DP]



SI 5 SCHEDULE OF RACES

SI 5.1 The schedule of races/briefing(s) is included in the Regatta Specific Schedule.

SI 5.2 One extra race per day may be sailed, provided that no class or fleet becomes more than one race ahead of schedule and the change is made according to SI 3.1.

SI 5.3 The warning signals for a subsequent race for a class on the same day will be made as soon as practicable but not sooner than 5 minutes after the last boat finishes the previous race for that class.

SI 5.4 To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed, with one sound at least five minutes before a warning signal is made

SI 5.5 The Race Committee may schedule a rest period between back to back races.

SI 5.6 Unless otherwise noted in the Notice of Race, on any day of the regatta no warning signal will be made after 1600 hours.

SI 6 FORMAT OF RACING

SI 6.1 Split Fleets: The Regatta Specific Schedule will state if a class(s) will race using Addendum A – Split Fleets.

SI 6.2 Starts for fleets may be combined at the discretion of the race committee.

SI 7 CLASS FLAGS

SI 7.1 Course flags or course boards will be either black letters on a white background or white letters on a black background.

SI 7.2 Class flags will be the class insignia on a white background; except the Optimist Green flag and Starling Green flag which will be the class symbol on a green background.

SI 7.3 The class flags for Lasers will be:

FLEET	FLAG
Open	White flag with red Laser insignia
Masters	Green flag with red Laser insignia
Radial	Red flag with white Laser insignia
Radial Masters	Blue flag with white Laser insignia
4.7	Yellow flag with white Laser insignia

SI 7.4 Entries in the Optimist Green Fleet class shall fly a green coloured identification ribbon from the top of her sprit. The ribbon shall be green no less than 2cm wide and no less than 60cm long. [NP][DP]

SI 8 THE COURSES

SI 8.1 The courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left are included in the Regatta Specific Schedule.

SI 8.2 No later than the warning signal, the Race Committee signal boat will display the approximate compass bearing of the first leg and the course to be sail.

SI 9 MARKS

SI 9.1 A description of the marks is included in the Regatta Specific Schedule.

SI 9.2 A Race Committee boat signalling a change of a leg of the course is a mark as provided in instruction SI 11.2.

SI 10 THE START

SI 10.1 The starting line will be between a staff displaying an orange flag on the Race Committee vessel and the course side of the port-end starting mark.

SI 10.2 Boats whose warning signal has not been made shall avoid the starting area during start sequences for other fleets. [NP] [DP]

- SI 10.3 A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start. This changes RRS A4, *Scoring System* and A5, *Scores Determined by the Race Committee*.
- SI 10.4 RRS 30.4, *Black Flag Rule*, is supplemented as follows:
- (a) Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed.
- (b) When the race committee decides that its application of RRS 30.4 might entitle a boat to redress under RRS 62.1(a), *Redress*, it may decide not to display her sail number and not disqualifying her. This changes RRSs 30.4, *Black Flag Rule*, 60.2, *Right to Protest*, and 63.1, *Requirements for a Hearing*.
- (c) For the purposes of RRS 30.4, *Black Flag Rule*, a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date, or is resailed as part of a Final Series instead of a Qualifying Series

SI 11 CHANGE OF THE NEXT LEG OF THE COURSE

- SI 11.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- SI 11.2 Except at a gate, boats shall pass between the Race Committee boat signalling the change of next leg and the nearby mark, leaving the mark to port and the Race Committee boat to starboard.
- SI 11.3 The Race Committee may designate a Race Committee vessel displaying flag L to lead the first boat to the new mark.



SI 12 THE FINISH

- SI 12.1 The finishing line will be between a staff displaying a blue flag on the Race Committee finishing boat at the starboard-end and the course side of the port-end finishing mark.
- SI 12.2 Boats that have finished shall return directly to the starting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made. [NP] [DP]

SI 13 PENELTY SYSTEMS

Appendix P, *Special Procedures for Rule 42*, will apply with the following changes:

- SI 13.1 RRS P2.1, *First Penalty*, is retitled "All Penalties" and amended to "When a boat is penalised under RRS P1 her penalty shall be a Two-Turns Penalty under RRS 44.2, *One-Turn and Two-Turns Penalties*. If she fails to take it, she will be disqualified without a hearing. If a penalty is signalled after a boat has crossed the finish line, the boat will be given a scoring penalty of 10% of her fleet size without a hearing although her score will not be worse than the score for a DSQ.
- SI 13.2 RRSs P2.2, *Second Penalty*, and P2.3, *Third and Subsequent Penalties*, are deleted.
- SI 13.3 RRS P4, *Redress Limitation*, is replaced with "An action by the Protest Committee or its designated observer under Appendix P1, *Signalling a Penalty*, shall not be grounds for a request for redress by a boat unless the action was improper due to a failure to take into account a race committee signal or a class rule. The Protest Committee may initiate a redress hearing and may give redress for an action by a member of the Protest Committee or its designated observer under Rule P1". This changes RRS 60.1(b), *Right to Protest*; *Right to Request Redress or Rule 69 Action*.

SI 14 WHISTLE SYSTEM

- SI 14.1 To encourage boats to take penalties afloat, a member of the Protest Committee may blow a whistle when they see what they believe to be a breach of a rule.

SI 15 TIME LIMITS

- SI 15.1 The time limits and target times for the first boat are as follows:

Class	Target Time	Time Limit	Finishing Window	Mark 1 Time Limit
Optimist/Starling Green	30 minutes	45 minutes	15 minutes	15 minutes

Class	Target Time	Time Limit	Finishing Window	Mark 1 Time Limit
Optimist Open	40 minutes	60 minutes	20 minutes	20 minutes
Sailboards	30 minutes	45 minutes	15 minutes	15 minutes
Skiffs	30 minutes	45 minutes	15 minutes	15 minutes
All other classes	40 minutes	60 minutes	20 minutes	20 minutes

SI 15.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a), *Redress*.

SI 15.3 Boats failing to finish within the Finishing Window after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, *Time Limit and Scores* and RRS A4, *Low Point System* and RRS A5, *Scores Determined by the Race Committee*.

SI 16 STILL RACING SCORE

SI 16.1 For the Optimist, P Class, Starling Green and Open Skiff fleet boats failing to finish within the Finishing Window, time as defined in SI 15.1, after the first boat in its fleet sails the course and finishes may apply to be scored SRS, "Still Racing Score". This changes RRSs 35, *Time Limit and Scores*, and A4, *Low Point System* and A5, *Scores Determined by the Race Committee*.

SI 16.2 This score will be calculated to be 3 points more than the last boat to finish in the fleet of that race with the highest number of finishers, but not more than DNF.

SI 16.3 Boats requesting a Still Racing Score must complete a request form prior to the protest time limit. Request forms will be available at the race office.

SI 17 PROTESTS AND REQUESTS FOR REDRESS

SI 17.1 Immediately after finishing, a boat intending to protest shall, in addition to the requirements of rule 61.1(a), inform the Race Committee on the finish of her intention to protest and the identity of the boat(s) protested. The protesting boat must receive an acknowledgement from the Race Committee. This changes RRS 61, *Protest Requirements*.

SI 17.2 Rule 44.1 is changed to permit a boat that has broken a rule of Part 2 or a Rule to take a penalty after racing but prior to any protest hearing. Her penalty shall be a 30% Scoring Penalty as calculated in Rule 44.3(c) or in the case of a Qualifying and Finals Series, as described in Addendum A 4.2.

SI 17.3 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the protest time limit.

SI 17.4 The protest time limit is 60 minutes after the last boat has finished in the last race of the day or the Race Committee signals no more racing today, whichever is later. The same protest time limit applies to all protests by the Race Committee and Protest Committee and to requests for redress. This changes RRS 61.3, *Protest Time Limit*, and RRS 62.2, *Redress*. Protest time limits will be posted on the official notice board.

SI 17.5 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties. Hearings will be held in the Protest Room. The Protest Room location will be defined on the official notice board. Except on the last day of the regatta no hearing will start after 1900hrs.

SI 17.6 Notices of protests by the Race Committee, Technical Committee or Protest Committee will be posted to inform boats under RRS 61.1(b), *Informing the Protestee*.

SI 17.7 A list of boats that, under SI 13.1, have been penalised for breaking RRS 42 will be posted.

SI 17.8 Penalties for breaches of Class Rules and Safety Regulations may be less than disqualification if the Protest Committee so decides.

SI 17.9 For the purpose of RRS 64.3(b), Decisions on Protests Concerning Class Rules, the 'authority responsible' is the equipment inspector appointed by the organising authority.

SI 17.10 On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered

- a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- b) no later than 15 minutes after the party was informed of the decision on the day.

This changes RRS 62.2.

SI 18 SCORING

- SI 18.1 The number of races required to be completed to constitute a series is included in the Regatta Specific Schedule.
- (a) When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- (b) When from five and nine races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (c) When ten or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- SI 18.2 To request the correction of an alleged error in posted race or series results, a boat shall complete a Scoring Enquiry Form available at the Race Office.

SI 19 SAFETY REGULATIONS [DP] [NP]

- SI 19.1 Boats not leaving the shore for a scheduled race shall promptly notify the race office.
- SI 19.2 Competitors or their representatives shall sign-on each time they leave the shore to enter the course and shall sign-off each time they come ashore from the course.
- SI 19.3 A boat retiring from racing shall notify the Race Committee before leaving the racing area, or if that is not possible, shall notify the Race Office as soon as possible after returning ashore.
- SI 19.4 Competitors who require assistance shall blow a whistle or wave one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes RRS 62.1(a), *Redress*.
- SI 19.5 RRS 27.1, *Other Race Committee Actions Before The Starting Signal*, and RRS 40, *Personal Flotation Devices*, are changed to require that personal flotation devices shall be worn at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. Code flag Y will not be displayed.

SI 20 REPLACEMENT OF CREW OR EQUIPMENT [DP]

- SI 20.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- SI 20.2 Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity. [DP]
- SI 20.3 Change of sail numbers will not be allowed without prior written approval of the Race Committee.

SI 21 EQUIPMENT AND MEASUREMENT CHECKS

- SI 21.1 All boats must comply with their Class rules.
- SI 21.2 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by the Race Committee to proceed immediately to a designated area for inspection.

SI 22 ADVERTISING [DP] [NP]


- SI 22.1 The Organising Authority may require all participating boats to display the event sponsor's advertising in accordance with World Sailing Regulation 20, *Advertising Code*.

SI 23 OFFICIAL BOATS

- SI 23.1 Protest Committee boats will fly a yellow flag with a black "J".

SI 24 SUPPORT BOATS [DP] [NP]

- SI 24.1 Support boats shall register with the organizing authority. All support boats must complete the registration sheet at the support/safety boat briefing and be contactable on VHF radio.

- SI 24.2 Except when requested to participate in rescue operations, team leaders, coaches, and other support persons shall stay outside areas where boats are racing and are restricted to a 5 knot speed limit, from the time of the preparatory signal for the first start of a sequence of starts until all boats have finished or the Race Committee signals a postponement or abandonment of all races. The areas the boats are racing in is defined as the area inside the course and within 100 metres of any mark, lay line, starting line, finishing line or any area where any boat that is racing is sailing or may sail.
- SI 24.3 Attention is drawn the relevant local council bylaws regarding wearing of lifejackets and other restrictions.
- SI 24.4 When a support boat has a sole capable occupant the outboard kill cord shall be attached to the driver.
- SI 24.5 When a Race Committee or Protest Committee member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.
- SI 24.6 The Race Committee may instruct one or more support boats to maintain station in areas which are in variation of SI 24.2.
- SI 24.7 When the wind is less than 10 knots support boats shall not exceed 5 knots within 500m of the area where boats are racing.
- SI 24.8 When flag V (with a long sound signal) is displayed on a committee boat all support boats are requested to remain afloat and assist all sailors. 
- SI 24.9 The Race Committee or the Protest Committee may protest any boat whose support boat is in breach of SI 24. Penalties imposed as a result of a protest under this rule will result in a penalty being imposed on the boat(s) supported by the support boat.

SI 25 RUBBISH DISPOSAL [DP] [NP]

- SI 25.1 Rubbish may be placed aboard support and Race Committee boats.

SI 26 LAUNCHING AND RETRIEVAL RESTRICTIONS [DP] [NP]

- SI 26.1 All boats will be required to launch and retrieve as defined in the Regatta Specific Schedule.

SI 27 RADIO COMMUNICATION [DP][NP]

- SI 27.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This restriction also applies to mobile telephones.
- SI 27.2 Race Management/support boat communications will be on channel "77".

SI 28 PRIZES

- SI 28.1 Prizes will be awarded as detailed in the Notices of Race.

SI 29 RISK STATEMENT

- SI 29.1 Competitors participate in the regatta entirely at their own risk. RRS 3, Decision to Race, states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor and the responsible adult agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol vessels and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.